



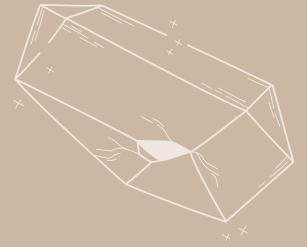
# YONI-EGG PELVIC FLOOR EXERCISE







# THE PROGRAMME

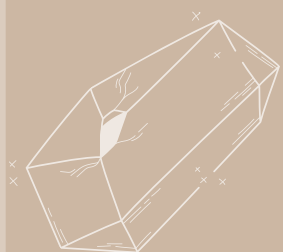


## What You Get:

- ★ 1 x 45-minute 1 on 1 consultation call via phone or Zoom, in which we discuss the pelvic floor training, and you can ask your questions.
- ★ Your own Yoni-Crystal-Egg of your choice (values 125 Euros).
- ★ Exclusive only to this program is a comprehensive workbook about the Yoni-Egg practice, including pelvic floor training, which is so rich in valuable information that it corresponds to a six-hour workshop.
- ★ How to strengthen and learn your body awareness with special exercises.
- ★ Regain control of your pelvic floor.
- ★ Discover the fascinating history of the Yoni-Crystal-Egg and its 5000 years of ancient Asian practice arrived in today's modern world.
- ★ WhatsApp support from the preliminary to the final consult.
- ★ 1 x 45 minutes 1 on 1 follow-up call via telephone or Zoom.

Price: 349 Euro, including 14 Euro

DHL Go Green climate-neutral shipping EU insured The shipping is calculated for European Countrys only (except of England and Switzerland due to the very high shipping costs)



\*\* \*The Yoni Egg has not been evaluated by the FDA. If a condition persists, please contact your doctor or pharmacist. The information provided by my company is not a substitute for a personal conversation and should not be construed as individual medical advice. The yoni egg pelvic floor training is not a healing treatment or promises healing. Does not replace a medical, psychological, psychotherapeutic examination, no midwife and is carried out under one's own responsibility.

